

Do Your Relationships Matter?

FEEDBACK FORM 5th-8th Grade



Your feedback is so valuable! You are free to answer honestly as your answers are anonymous.

School: _____

Grade: _____

Age: _____

Race: _____

Gender: _____

Question 1

What is the first thing that comes to mind when you hear the word relationship?

Question 2

How many different types of relationships are there?

☐ 20

☐ 100

☐ 86

☐ 54

ACTIVITY 1 CIRCLE ALL THE DIFFERENT TYPES OF RELATIONSHIPS YOU ARE IN:

Friend Classmate Teammate Student Employee Niece Nephew Relative Son
Daughter Best Friend Aunt Uncle Boyfriend Girlfriend Brother Sister Neighbor

Question 3

How many of the relationships you are in are romantic?

Question 4

How would you define the word characteristic?

ACTIVITY 2

WRITE DOWN YOUR TOP 5 TOP FIVE CHARACTERISTICS YOU LOOK FOR IN A FRIEND:

- 1.
- 2.
- 3.
- 4.
- 5.

Question 5

What is the definition of intimacy and how many levels are there?

ACTIVITY 3 IDENTIFYING RED FLAGS: Write down 2 red flags from each story.

RED FLAGS from Aiden and Kaylee's Story

- 1.
- 2.

RED FLAGS from Jesee's Story

- 1.
- 2.

Question 6

What type of red flag have you experienced in a relationship?

ACTIVITY 4: The Friendship Cake

Think of a relationship you are in right now. Who popped into your head first? Write their name at the level of intimacy that best describes your relationship.

Remember: Not all best friends are forever friends. Some relationships are close for a season, while others last a lifetime. Do this with your other relationships too. It helps you set healthy boundaries and stay in the right level of intimacy.

FOREVER FRIEND

BEST FRIEND

FRIEND

AQUAINTANCE

STRANGER

Question 7

What is the benefit of respectfully using an “I” statement?

ACTIVITY 5: Practicing “I” Statements

Write down a truthful “I” statement for each scenario.

Come on... please just send me a pic... it would make me so happy!	
You listen to that? Your music is actual trash.	
Fine, go hang out with them and leave me alone like always.	
You're honestly lucky someone like me is friends with you.	

Question 8

How likely are you to use an “I” statement in a conflict? Why?

Evaluation Question 1: What is something you learned that you did not know before?

Evaluation Question 2: What action step will you take based on what you learned?