

# POP Scope and Sequence

TLO = Terminal Learning Objective

ELO = Enabling Learning Objective - Activities

ASM = Assessment Tool

## COURSE TERMINAL LEARNING OBJECTIVES

By the end of the course, students will:

1. Develop goal setting skills and long-term goals.
2. Distinguish the characteristics of child exploitation, abuse, suicide, and unsafe or unhealthy relationships in online and offline environments.
3. Assess how online and offline child exploitation, abuse, suicide, and unsafe or unhealthy relationships impact their future goals.
4. Employ actionable steps to protect themselves and others from online and offline child exploitation, abuse, suicide, and unsafe relationships.

## YOUR GOALS MATTER

TLO 1 Students will be able to:

- develop goal setting skills and long-term goals
- recognize distractions and ways to stay on track
- describe types of abuse and signs of an abusive relationship

ELO 1.1 Students will list their top 3 goals for the next five years and create an action plan for 1 self-selected goal.

ELO 1.2 Given scenarios for responding to abuse, students will recognize the effects of different responses.

ASM 1.1 Knowledge Check. Given true/false and multiple-choice questions, students will identify goal setting skills, define abuse, and recognize its impact on their goals.

ASM 1.2 Evaluation. Students will write an explanation of new learning obtained from this module and actionable steps they will employ as a result of new learning.

## YOUR RELATIONSHIPS MATTER

- TLO 2 Students will be able to:
- determine whether they are in a healthy relationship
  - develop healthy relationships
  - develop skills to get out of unhealthy relationships
- ELO 2.1 Given a list, students will identify which relationship types they are currently in.
- ELO 2.2 Given two lists, students will contrast unhealthy accusations with their corresponding truth statements.
- ELO 2.3 Students will list 5 characteristics crucial to supportive relationships.
- ELO 2.4 Given a list, students will identify signs of an unhealthy relationship they are familiar with.
- ASM 2.1 Knowledge Check. Given true/false and multiple-choice questions, students will identify signs of abusive relationships, safe and supportive relationships, and appropriate responses to others.
- ASM 2.2 Evaluation. Students will write an explanation of new learning obtained from this module and actionable steps they will employ as a result of new learning.

## YOUR STORY MATTERS

- TLO 3 Students will be able to:
- identify what makes them vulnerable
  - understand the tactics of predators
  - determine steps to avoid or stop abuse and exploitation
- ELO 3.1 Students will identify their potential vulnerabilities by arranging in order what is most important to them.
- ELO 3.2 After viewing real-life stories, students will recognize specific areas they can relate to in their own lives.
- ELO 3.3 Given a list of scenarios, students will identify truthful descriptions.
- ELO 3.4 Given two lists, students will match each enterprise with its income and compare that to the profits of human trafficking.

- ASM 3.1 Knowledge Check. Given multiple-choice questions, students will identify the tactics and goals of predators.
- ASM 3.2 Knowledge Check. Given multiple-choice questions, students will define child sex trafficking and identify prevalent types of sex traffickers and occurrence online.
- ASM 3.3 Evaluation. Students will write an explanation of new learning obtained from this module and actionable steps they will employ as a result of new learning.

## YOUR BRAIN MATTERS

- TLO 4 Students will be able to:
- identify how predators use the internet to trap you
  - recognize the dangers and consequences of harmful images online such as pornography and sexting.
  - determine steps to take to be smart and safe online
- ELO 4.1 Students will list examples of harmful content on apps they use.
- ELO 4.2 Given a list, students will indicate which online safety measures they currently practice.
- ELO 4.3 Given a list, students will indicate which potentially predatory phrases they have experienced online.
- ASM 4.1 Knowledge Check. Given true/false and multiple-choice questions, students will recognize the dangers of online predators and their tactics.
- ASM 4.2 Knowledge Check. Given true/false and multiple-choice questions, students will identify the dangers of pornography and its effects on the brain.
- ASM 4.3 Knowledge Check. Given true/false and multiple-choice questions, students will define sextortion and identify the prevalence of sexting and sextortion threats.
- ASM 4.4 Evaluation. Students will write an explanation of new learning obtained from this module and actionable steps they will employ as a result of new learning.

## YOUR LIFE MATTERS

- TLO 5 Students will be able to:
- identify the warning signs of suicide and the behaviors that increase its threat
  - understand the consequences of bullying and cyberbullying
  - develop practical skills for avoiding suicide, bullying, and unhealthy relationships, and to get help
  - know they are priceless
- ELO 5.1 After viewing real-life stories, students will create appropriate responses to cyberbullying.
- ELO 5.2 Given two lists, students will contrast lies of irrational feelings with their corresponding truth statements.
- ELO 5.3 Students will complete reminders of truth.
- ASM 5.1 Knowledge Check. Given true/false questions, students will identify the extent and dangers of suicide and bullying.
- ASM 5.2 Evaluation. Students will write an explanation of new learning obtained from this module and actionable steps they will employ as a result of new learning.