YOUR BRAIN MATTERS

Student Worksheet





			tly. Your answers are anon		
			I'd rather not say		
ACTIVIT	Υ 1				
What are t	the top 3 app	os you use mos	t often?		
What are	some apps w	here you see h	armful content?		
What is an	n example of	harmful conte	nt that you have seen?		
	-				
ACTIVIT	Y 2: Chec	k whatever	is true of you.		
	don't post my	phone number,	address, or school name	☐ I don't post inap	propriate photos of myself or others
II .		set to friends I k	know in person or sexual texts or messages	☐ I don't download parents or guard	l apps without checking with my lians
		th someone I've		☐ I never share pas	sswords, except with my parents
KNOWL	.EDGE CH	ECK 1			
1			2	3	
True or False? If someone asks you for a sexual image or video, they're a predator?		Why is it easy for opredators to lure I their traps?		Consider the following: Kacey was playing an online game when one of the other users asked her to send them a nude	
		A. Being online n vulnerable	nakes you	picture. This is an example of which of the following?	
	False		B. It's easy to tric	ck people	A. A friend request
			C. Predators kno to hunt	w where	B. A joke C. Exploitation
			D. All of the abov	ve	D. It's just part of the game – it's no big deal
11			H H	11 11	

 √·	· ACTIVITY 3
	Has anyone you've never met in person said these things to you? Check all that apply.

☐ I love you so much ☐ I want to marry you ☐ You're super-hot ☐ I'd love to see you naked ☐ We have so much in common ☐ It's our little secret

KNOWLEDGE CHECK 2

Which of the following is described as the "jet fuel" for abuse?

- A. Social media
- B. Pornography
- C. Internet gaming
- D. Anything that is online

How do harmful images from pornography effect your brain?

- A. It acts like a drug
- B. It causes your brain to release pleasure-inducing chemicals
- C. It is addicting
- D. All the above

True or false? The porn industry targets youth.

True

False

KNOWLEDGE CHECK 3

What is the definition of sextortion?

- A. The threat to expose sexual images to make a person do something, or for revenge or humiliation
- B. Publishing sexual images for profit
- C. The effect from the brain battling to distinguish illusion from reality
- D. All the above

How often is the threat of sextortion carried out?

- A. Almost never
- B. 99% of the time
- C. About half the time
- D. 5% of the time

True or false? 42% of 14-year old's have sent a sext.

True

False

COURSE EVALUATION

1. What was something you learned that you did not know before?
2. What steps will you take as a result of what you learned today?